

TRI-STATE LACROSSE

2 DECADES DEDICATED TO YOU!

For 20 years, we've made making you a better lacrosse player our priority. As home of the only "Indoor Box" style of play, learn the proven difference...

STICK SKILL improved by working in tighter spaces.

RESPONSE TIME quickened through boarded fields which keep the ball in play at all times.

PRE-SEASON CONDITIONING is enhanced by constant movement and need to play offense and defense.

NO LONG POLES! An age-old practice technique used by defencemen to increase foot speed, improving body position; Making your long pole a weapon not a crutch.

SAFEST INDOOR PLAYING ENVIRONMENT with boards preventing unnecessary "out-of-bounds" injuries.

Games filmed to be featured on www.LaxTube.com.
Excellent for recruiting purposes as well as evaluation of play, not to mention viewing entertainment.

Players selected from leagues for Fall and Winter All Star Tournament events.



TRI-STATE
L A C R O S S E

2009 - 2010

INDOOR LEAGUES

WWW.TRILAX.COM



**A
WINTER
OF CELEBRATION**

2009 - 2010 TRI-STATE LACROSSE BOYS' INDOOR LEAGUE APPLICATION

Name: _____ Email: _____
 Home Ph: _____ Emergency Ph: _____ Date of Birth: _____
 Address: _____ City: _____ ST: _____ Zip: _____
 Age: _____ Grade (As of 9/08): _____ Spring Team: _____ Pos: _____
 US Lacrosse # (Mandatory): _____ Health Insurance / Policy #: _____

To Register Check League(s) That Apply:

Fall Leagues \$ 195
 October 4 - November 22, 2009

Winter Leagues \$ 285
 December 4, 2009 - March 2, 2010

Northern Leagues @ Turf City

- Youth Instructional League (Sun. 11-3pm)
- HS League (Sun. 1-8pm)

Northern Leagues @ Turf City

- 3/4 Grade Instructional League (Sat. 7-10am)
- 5/6 Grade League (Sat. 7am - 2pm)
- 7th Grade League (Sat. 11am-7pm)
- 8th Grade League (Sat. 1-10pm)
- High School League (Sun. 12-10pm / Tues. 4-7pm)

Mail Payment & Application To: FOR OFFICIAL USE ONLY

TRI-STATE LACROSSE
 PO Box 321
 Hightstown, NJ 08520

Refund Policy:

Refund request received by 9/15/09 - Fall / 11/15/09 - Winter and will be processed less an \$125 handling fee. After that date there are NO REFUNDS for any reason including injury.

BOYS

PYMT DATE _____

AMT / TYPE _____

Double League Rate \$450
 Check Here to register for both Fall and Winter League together by 9/15/09 and receive the double league rate.

Payment Information

Cash \$ _____ Credit Card (check card type) Visa MC \$ _____ + \$3 processing fee

Check \$ _____ Card #: _____ Exp Date: _____
 Make checks payable to: TRI-STATE LACROSSE Security Code (3-Digits on Card Back) _____ Billing Zip: _____

AMATEUR ATHLETIC MINOR WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the Tri-State Lacrosse athletics/sports program, and related events and activities, the undersigned:

1. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participation he or she should inspect the facilities and equipment to be used, and if the participant believes anything unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the actions, inaction or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not sue TRI-STATE LACROSSE, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, individual team coaches, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and the next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.
5. I give consent to have pictures, video footage and other similar media taken of the participant and agree that such media is the property of Tri-State Lacrosse and may be used to their discretion as needed.
6. I agree to the refund policy.

I/WE HAVE READ THE ABOVE WAIVER, RELEASE, AND REFUND POLICY AND I UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS

 PARENT OR GUARDIAN (SIGNATURE/RELATIONSHIP) DATE

 PRINTED NAME OF PARENT OR GUARDIAN PRINTED NAME OF PARTICIPANT

TRI-STATE LACROSSE IS A DIVISION OF TRILAX INC.

FREQUENTLY ASKED QUESTIONS

How Do I Register?

Registration can be completed by mailing in the application & waiver portion of this brochure, along with payment to Tri-State Lacrosse. (Tri-State Lacrosse PO Box 321 Hightstown, NJ 08520)

How Do I Know My Registration Has Been Received?

Your cancelled check or credit card statement is your receipt of registration.

Where Can I Find The Schedule And Rosters?

Three (3) days prior to the start date of the league, ALL schedules and rosters will be posted online at www.trilax.com. Schedules are week-by-week for the first 2-weeks and then a full schedule will be posted.

There's A Large Time Window For Each League, When Will My Games Be Played & How Long They Be?

Players should be prepared to play one (1) 50-minute game each week. Time windows are an approximation and can vary based on the number of teams in each division. An exact window will be given once schedules are posted. Game times will vary within that window from week to week.

How Are Rosters Formed?

Players are rostered based on their Spring Program. Tri-State makes every effort to put players from the same towns/schools on the same team. Team rosters can be submitted if they have a minimum of 18 players including a goalie. Teams looking to submit a complete roster may contact courtneygallant@trilax.com for more information.

REGISTRATION AND REFUND POLICIES

Tri-State Lacrosse's 2009-2010 Indoor Leagues include both a Fall and Winter Session. The Fall Leagues run from October 4 through November 22, 2009. The Winter Leagues run from December 4, 2009 through March 2, 2010. Registrations must be postmarked by 9/15/08 for Fall & 11/15/08 for Winter. After the given dates, applications are subject to a late fee of \$25. Day-of Registration will be accommodated based on availability and will include a \$50 late fee.

Returned checks are subject to a \$ 25.00.

Refunds requested by 9/15/08 for Fall & 11/15/08 for Winter will be processed less a \$125 handling fee. After that date, there are NO REFUNDS FOR ANY REASON including injury.

DIRECTIONS

Northern Leagues @ Turf City

1235 Route 23 South - Wayne, NJ 07470

From South, East, West: Take either Route 46 or I-80 to Route 23 North. Go 1.8 miles to Newark-Pompton Tpk overpass. Go over Route 23 & take 2nd Right onto Old Newark-Pompton Tpk. Make an immediate left into the Burger King parking lot. Turf City is set back on the left. (If traveling I-80 East, you will need to take the Minnisink Road Exit & make the U-Turn onto I-80 West. Then follow I-80 West to Route 23 North as above. Alternative option is to exit I-80 East onto I-287 North and follow below directions).

From 287: Take Route 23 South Exit and travel approximately 4 miles. Turn into the Burger King parking lot and Turf City will be set back on the Right.

TRI-STATE
L A C R O S S E