

Tri-State National 2010

Team Check In- The coach of each team or program MUST check in prior to the teams first game.

Food and Entertainment: There are vendors and food located right in the area of the fields.

Competition: All fields will be lined to regulation size
Water will be at each of the fields in the gatorade jugs
A leader board will be available
A field marshall will be at each field keep score and reporting it to the main tent
All teams will make it to playoffs on Sunday July 11, 2010
Playoffs will be posted by 10:00pm on Saturday July 10, 2010

Rules of Play:

Top and Regular Flights

High School will play within US Lacrosse Rules
Any yellow cards will be sent to main tent who will time until release.
Each team will play 4x 40 minute games with 5 minutes in between games.
Each team will have a 5th game on Sunday in playoffs
Running Clock
No timeouts

Youth Flight (2016/17)

Youth will play within Us Lacrosse Youth Rules
Modified Checking will be played (below the shoulder)
A 1 pass rule will be enforced after the goalie clear. This pass may be made anywhere
Each team will have 3x40 minute games and open to attend the clinic that will be provided to this age level.
Each team will get 1 timeout to be used for instruction –the clock will not stop during this timeout