

2010 Lax Luau Rules Sheet

Tri-State's Lax Luau is a festival format.
Official score will not be kept.
Clock will be kept by main tent
No time in between games
25 minutes games
No time outs
US Lacrosse Youth Rules Apply

7th & 8th Grade Hibiscus

- 8v8 (including a goalie)
 - 2 players/per team must hold behind the restraining line either direction
 - Creates 5v5 in each attack/defense end
- Restraining line will be the 50 yard line
- Modified checking rule- checking only below the shoulder
- May shoot from a free position shot
- 3 second count
- If a 4-goal lead – award the team that is loosing the ball at the 50-yard line.
- ONE pass Rule- does not include the goalie clear
 - Note: this rule is ignored if the attacker gains possession of ball below their attack restraining line by recovering ground ball, interception, etc. In this case the play may go to goal with out additional pass.

5th/6th Grade Flamingos

- 8v8 (including the goalie)
 - 2 players/per team must hold behind the restraining line either direction
 - Creates 5v5 in each attack/defense end
- Restraining line will be the 50 yard line
- Modified checking rule- checking only below the shoulder
- May shoot from free position
- 3 second count
- If a 4-goal lead – award the team that is loosing the ball at the 50-yard line.
- Two- pass rule- does include goalie clear and does not have to be completed.
 - Note: this rule is ignored if the attacker gains possession of ball below their attack restraining line by recovering ground ball, interception, etc. In this case the play may go to goal with out additional pass.

3rd/4th Grade Hula Girls

- 7v7 no goalie
 - 2 players/per team must hold behind the restraining line either direction
 - Creates a 5v5 in each attack/defense end
- Restraining line will be the 50 yard line
- No Checking
- May not shoot from a free position
- Two Pass Rule
- If a 4 goal lead- award the team that is looking the ball at the 50 yard line